



Cultural Connection 2020

Online Edition





In this edition...

- Universal values to reflect on
- Things to explore virtually
- Videos and more to watch
- Podcasts, music and stories to listen to
- Articles to read
- Quick stories and books to read
- Things to eat
- Activities to do
- Youth entertainment
- Artists to check out on Instagram

To Reflect On: Values all Alaska Native Cultures Share

Show Respect to Others - Each Person Has a Special Gift

Share what you have - Giving Makes You Richer

Know Who You Are - You Are a Reflection on Your Family

Accept What Life Brings - You Cannot Control Many Things

Have Patience - Some Things Cannot Be Rushed

Live Carefully - What You Do Will Come Back to You

Take Care of Others - You Cannot Live without Them

Honor Your Elders - They Show You the Way in Life

Pray for Guidance - Many Things Are Not Known

See Connections - All Things Are Related

Mission Driven Excellence Honor Respect Unity



Things to explore virtually

- [Google Arts and Culture/Anchorage Museum Online Exhibit: Brian Adams Photography](#)
- [Indian Country Today: Indigenous Movies, Podcasts, Books, Documentaries](#)
- [Dena'ina People of the Cook Inlet Region](#)
- [Virtual Tour of The Alaska Gallery at the Anchorage Museum](#)
- [Arctic Studies Center at the Anchorage Museum](#)
- [Alaska Native Heritage Center's Latest Online Programming on Facebook](#)
- [Native Wellness Institute's Power Hour Online](#)
- [First Alaskans Institute Virtual Coffee Time on Facebook Live](#)
- [Virtual Coffee Recordings on YouTube](#)

Videos and more to watch

- [Cultures of CIRI Video](#)
 - [The Dena'ina Way of Living Video](#)
 - [Learn about Land Acknowledgment](#)
- [Alaska Native Artist Interviews by the Anchorage Museum](#)
- [Alaska Native Executive Leadership \(ANELP\) Speaker Videos](#)
- [Loren Anderson's Cultural Awareness/Program Kickoff Video](#)
- [Indigenous Cinema Collection by the National Film Board](#)
 - [2018 ANCSA Presentation by Greg Razo](#)
 - [Kenai Peninsula College Dance Group Video](#)
 - [Short Film: Who We Are](#)
- [Video post card from Kodiak-Alutiiq Dancers in Juneau](#)
 - [Alaska Native #brushchallenge](#)
- [Sealaska Heritage Institute's YouTube Video Series](#)

ALASKA
NATIVE
HERITAGE
CENTER

FACEBOOK LIVE
VILLAGE TALK

Storytelling weekly
Tuesday & Thursday
1 p.m - 2 p.m

Village Site Visit weekly:
Wednesday
12 p.m - 1 p.m



Storytelling:
3/24 & 3/26 Yaari Walker-St. Lawrence Island Yupik
3/31 Haliehana Stepetin-Upangax
4/2 Marge Nakak-Yup'ik/Inupiaq
4/7 & 4/9 Ossie Kairaiuak-Yup'ik



Podcasts, Stories, Music and more to listen to

- [CIRIosity Podcast: Our Land, Our Legacy](#)
 - [Coffee and Quaq Podcast](#)
 - [KNBA](#)
 - [Rising Indigenous Voices Radio \(RIVR\)](#)
 - [Indigefi with Alexis Sallee \(CIRI Descendant\)](#)
 - [Definition of Resilience Stories on Indigefi](#)
- [Inupiaq Drum and Dance: A Cultural Renaissance](#)
- [Dena'ina Life Short Stories from the Anchorage Museum](#)





Articles to Read

- [Native American Girl's Healing Dance](#)
- [Dancing for the People \(virtually\)](#)
- [Coronavirus and Cultures Around the World](#)

Quick stories and books to read

Quick Reads

- [My Father's Legacy: The Lion on the Mountain by Margie Brown](#)
- [Native Rights Started in a Freezer by Roy Huhndorf](#)
- [Getting an Education Took a Lot of Grit as told by Sophie Prosser](#)
- [CIRI's Land Story](#)
- [Cook Inlet Villages and Lands](#)
- [CIRI Shareholder and Descendant Spotlights](#)
- [The CIRI Story](#)
- [Alaska Native Women in History](#)

Books

- [The CIRI Foundation Publications](#)
- [Fighter in Velvet Gloves](#)
- [List of Books by Alaska Native Authors](#)
- [Alaska and Arctic Collection on Alaska Digital Library](#)
- [Recommended Books for Traditional Plant Medicine \(from SCF\)](#)
- [Little Whale](#)
- Note: You can obtain a temporary Anchorage Public Library card to download eBooks for free: [click here](#)

Things to eat

- [Recipe Submissions to Raven's Circle Newsletter](#)
- [Alaska Native Recipes Group on Facebook](#)
- [ASRC Cooking Show](#)
- [Sourdough Starter](#)
- [Putting up Fish on the Kenai \(order book from TCF\)](#)
- [Traditional Dena'ina Foods](#)
- [Akutaq Recipes – Traditional and Modern](#)





Activities to do

- [Salmon Skin Tanning Facebook Live Class](#)
- [Kuspuk Making – Guided Sewing Instructions](#)
- [Kuspuk Making – Getting Started Instructions](#)
- Coloring Pages to Download:
 - [Inkstitcher](#)
 - [Kivliq](#)
- [Learn about Alaska Native languages](#)
- [Chert: Alaska Native Languages App](#)
- [Learn Dena'ina with Aaron Leggett and the Anchorage Museum](#)
- [Wormwood and Yarrow Salve Making courtesy of SCF Traditional Healing Clinic](#)
- [101 Free ways to celebrate Alaska Native heritage](#)
- [Check out CIRI's shareholder and descendant owned businesses](#)
- [Check out CIRI's Alaska Native Artist Directory](#)

Youth Entertainment

(Fun ways to involve all the younger ones at home!)



- [Play Never Alone](#)
- [Ixsixán, Ax Kwáan \(I Love You My People\)](#)
- [Molly of Denali](#)
- [Dena'ina ABC Book by the Anchorage Museum](#)
- [Learn about Native Youth Olympics](#)
- [ANHC DIY Crafts on Facebook](#)
- [Online bedtime stories by Native Movement](#)
- [CITC's School Yard and Fab Lab Online](#)
- [Salmon Sisters free coloring pages for youth during social distancing](#)

Artists to check out (Instagram)

- [Brittany Brower aka Kivliq](#) (Jewelry, Painting, Coloring Books, etc.)
- [Lisa Apangalook aka ken yew not](#) (Ivory and Baleen Jewelry)
- [Trickster_](#) (Art/Jewelry/Clothing)
- [Bering Sea Designs](#) (Fur/Jewelry)
- [Mariah Quincy](#) (Beading)
- [Beadwork by JJ](#) (Beaded Collar Necklaces)
- [Newfangled North](#) (Beading)
- [K'estuwe Pieces](#) (Moose Hide, Bone, Antler Jewelry)
- [Made by Raven](#) (Fur Jewelry, Purses, etc.)
- [Jaymie Campbell aka White Otter Design Co.](#) (Beading/Jewelry)
- [Sarah Whalen-Lunn, aka Inkstitcher](#) (Digital Arts/Traditional Tattoos)
- [Tania Larsson](#) (Fine Jewelry)
- [Chloe Keller](#) (Sewing)
- [Ravens Beaded Creations](#) (Beading/Earrings)
- [Sun and Sea Encasings](#) (Ivory/Jewelry)
- [Nusmata](#) (Silver/Copper Jewelry)
- [Danielle Larsen](#) (Painting/Jewelry)